



OPERASI PERKHIDMATAN SOKONGAN

**PEJABAT TIMBALAN NAIB CANSOLOR
(HAL EHWAL PELAJAR DAN ALUMNI)**

Kod Dokumen: OPR/HEPA/BR36/PS

BORANG PENDAFTARAN ATLET OLAHRAGA (LELAKI & WANITA)

KOLEJ :

| BIL | ACARA | NO. ATLET | NAMA ATLET | NO. MATRIK | KATEGORI |
|-----|-------|-----------|------------|------------|----------|
| 1 | 100 m | | | | LELAKI |
| | | | | | WANITA |
| 2 | 200 m | | | | LELAKI |
| | | | | | WANITA |
| 3 | 400 m | | | | LELAKI |
| | | | | | WANITA |
| 4 | 800 m | | | | LELAKI |
| | | | | | WANITA |

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NO. ISU : 02

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|----|-------------------------|--|--|--|--------|
| 5 | 1,500 m | | | | LELAKI |
| | | | | | WANITA |
| 6 | 3,000 m | | | | WANITA |
| | | | | | |
| 7 | 5,000 m | | | | LELAKI |
| | | | | | |
| 8 | 3 KM Jalan Kaki | | | | WANITA |
| | | | | | |
| 9 | 5 KM Jalan Kaki | | | | LELAKI |
| | | | | | |
| 10 | 3000 M Lari Berhalangan | | | | LELAKI |
| | | | | | |
| 11 | 100 m Lompat Pagar | | | | WANITA |
| | | | | | |
| 12 | 110 m Lompat Pagar | | | | LELAKI |
| | | | | | |
| 13 | 400 m Lompat Pagar | | | | WANITA |
| | | | | | LELAKI |

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|----|-----------------------------|--|--|--|--------|
| 14 | 4 x 100Lari Berganti-Ganti | | | | WANITA |
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| | | | | | LELAKI |
| | | | | | |
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| 15 | 4 x 400 Lari Berganti-Ganti | | | | WANITA |
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| | | | | | LELAKI |
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|----|-----------------|--|--|--|--------|
| 16 | Lompat Tinggi | | | | WANITA |
| | | | | | |
| | | | | | LELAKI |
| 17 | Lompat Jauh | | | | WANITA |
| | | | | | |
| | | | | | LELAKI |
| 18 | Lompat Kijang | | | | WANITA |
| | | | | | |
| | | | | | LELAKI |
| 19 | Lontar Peluru | | | | WANITA |
| | | | | | |
| | | | | | LELAKI |
| 20 | Merejam Lembing | | | | WANITA |
| | | | | | |
| | | | | | LELAKI |

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|----|-----------------|--|--|--|--------|
| 21 | Melempar Cakera | | | | WANITA |
| | | | | | |
| | | | | | LELAKI |
| | | | | | |
| 22 | Lompat Bergalah | | | | WANITA |
| | | | | | LELAKI |

| | | | |
|-----------------------|-------------|-----------------------|-------------|
| Perakuan : | | Pengesahan : | |
| | ----- | | ----- |
| Nama Pengurus Pasukan | Tandatangan | Nama Pegawai Pemantau | Tandatangan |

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